



Are you looking for a distance learning solution that aligns with the content that would have been taught in the classroom?

Frog Street Pre-K at Home is an online program and the content is perfectly aligned to the classroom version of Frog Street Pre-K. This interactive, hands-on program provides daily, intentional lessons so that family members can be their child's best teacher.

Just like with Frog Street Pre-K, there are 9 themes and each theme includes 20 Activity Cards. Each daily Activity Card is packed with fun and engaging activities to guide learning experiences throughout the day using easy-to-find household items and online resources (including books and music) in the Frog Street Portal.

Each Activity Card includes activities to support essential learning domains:

- Social and Emotional
- Math
- Moving and Learning
- Literacy
- Just For Fun Activities



Frog Street Pre-K at Home

Sample Activity Card



My School and Me

Week 1: This Way to Pre-K

For this first week of school, introduce your child to some of the "school" routines you will establish at home.

Social and Emotional

Belly Breathing

Learning to calm one's self is an important life skill. Explain to your child that belly breathing is one strategy for calming down. Each day, begin your at-home school routine with a calming exercise. The basis for many of the calming techniques is belly breathing. Start this week by guiding your child through these steps:

- 1. Place your hand on your tummy.
- Take a big breath in so that your tummy puffs out.
- Slowly let out the breath and feel your tummy flatten back to normal.

Practice taking belly breaths and releasing them with your child. Ask: How does belly breathing make vou feel?

Literacy

Reading with your child



This Way to Pre-K!

Look at the book cover. Demonstrate how to click on the arrow on the right side of the screen to open the book's cover. Do the Preview and Predict activities on the inside of the front cover with your child. Point out that to move forward through the book, you click the arrow on the right side of the screen. Talk about how turning pages in an e-book and a physical book are different.



School is Fun!

Read and sing the online story with your child. Talk about schools. You might use one of these ideas to begin your

- How are the school in This Way to Pre-K! and the school in School is Fun! alike?
- How are the two schools like your school?
- · How is learning at home different than learning at school?

Math

What Is Math?

Share with your child how you use math in your daily life. For example, discuss and demonstrate how you count money when you go to the store, use a ruler to measure, cook using a recipe, or follow lines and shapes when you sew patterns on clothing. As you

share, emphasize how math is useful and fun to learn at school and home. Talk to your child about numbers and shapes he or she may already know.



Just for Fun

How to Wash Hands

Washing hands helps protect everyone from germs. Model each step in your handwashing routine. Then have your child repeat each step.

- 1. Turn on water.
- 2. Wet hands.
- 3. Add soap.
- 4. Make bubbles on tops, palms, between fingers, and wrists.
- 5. Rinse off soap.
- Dry hands.
- 7. Turn off water.



Moving and Learning

Hands and Fingers

Listen to the song "Hands and Fingers" with your

child. The lyrics will tell the two of you how to move your hands. Join in as you listen a second time. Enjoy the melody and the movement.



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